



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

“IN THE NAME OF ALLAH, THE MOST GRACIOUS, THE MOST MERCIFUL”



IHRAM 101: FOR WOMEN

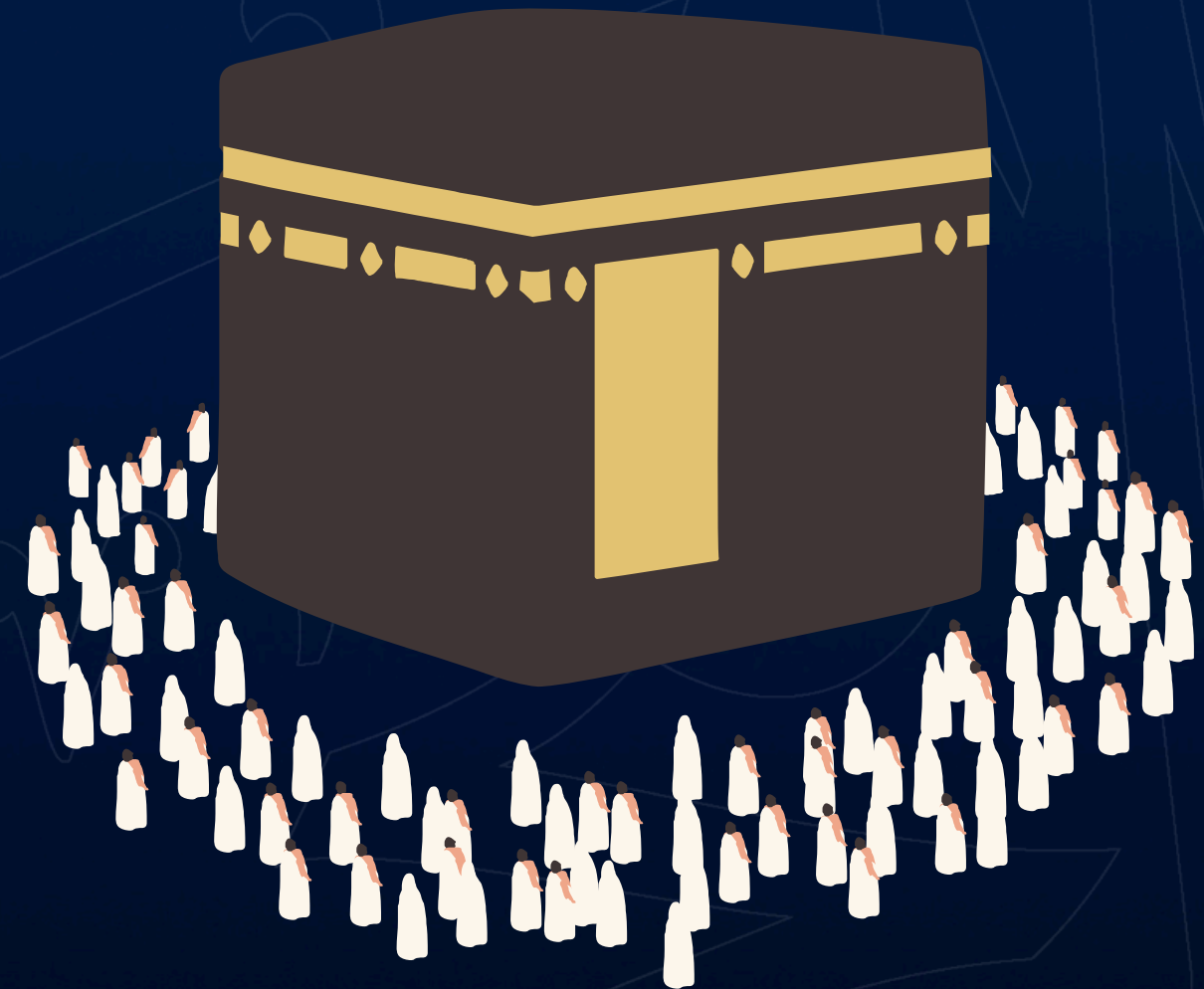
PRESENTED BY NOOR AL-FAJR



Religious How-To's

WHAT IS IHRAM?

- Necessary protocol for entering the Kingdom of Allah (Meeqat)
- Ihram is a state of mind
- Ihram begins by:
 - (a) making niyyah
 - (b) saying the talbiyah



HOW WE WILL ENTER IHRAM:

At Home/Hotel Before Leaving:

- Perform Ghusl
- clip nails
- rid of all unwanted hair

When wearing Ihram:

- Wudhu
- 2 rakats and dua (not mandatory)

At Miqaat

> niyyah , dua, and talbiya



HOW WE WILL ENTER IHRAM:

At Miqaat

- Niyyah
- Dua
- Talbiya



If you are going to Madinah first, enter Ihram from the Meeqat Zul-Hulaifa

If you are flying directly to Jeddah, enter Ihram before the announcement on the plane

If you have a stopover, you may enter Ihram from that city

WHAT WE SAY TO MAKE INTENTION:

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

O Allah, here I am to perform Umrah

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ

O Allah, I intend to perform Umrah

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

O Allah, I intend to perform Umrah, so accept it from me and make it easy for me

IF YOU'RE PERFORMING HAJJ AL-TAMATTU (AFTER UMRAH) OR HAJJ AL-IFRAD, YOU'LL NEED TO MAKE THIS NIYYAH (ONLY HAJJ).

لَبَّيْكَ اللَّهُمَّ حَجًّا

O Allah, here I am to perform Hajj.

اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ

O Allah, I intend to perform Hajj.

اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

O Allah, I intend to perform Hajj, so make it easy for me and accept it from me.

WHAT TO WEAR:

- A woman may enter ihram in whatever clothes she likes, black or any other color, so long as she avoids wanton display (tabarruj) or clothes of fame and vanity such as tight, see-through, short, thin or decorated clothes.
- Women must also be careful to avoid clothes that resemble the clothes of men or the dis-believers.
- Choosing a specific colour for women to wear in ihram, such as green or white is not necessary nor an obligation.

EXAMPLES OF WHAT SOME WOMEN WEAR.



SOME ABAYAS YOU CAN WEAR.



MATERIAL RECOMMENDATIONS



COTTON

VISCOSE

SUMMER LINENS

CREPE



SOME COMFORTABLE FOOTWEAR



THINGS PROHIBITED IN IHRAAM:

1. It is strictly prohibited to indulge in sexual intercourse, to kiss, embrace, or talk about sex.
2. It is prohibited to indulge in those acts which Allah Ta'ala has made unlawful, e.g., obscenity, transgression, conflict, etc.
3. It is prohibited to hunt animals or help or guide anyone in this act; even killing a louse is prohibited.
4. Do not use scent, perfume, perfumed oil, or anything that has a fragrance; whether on the body or on the clothes, or in food or drink.



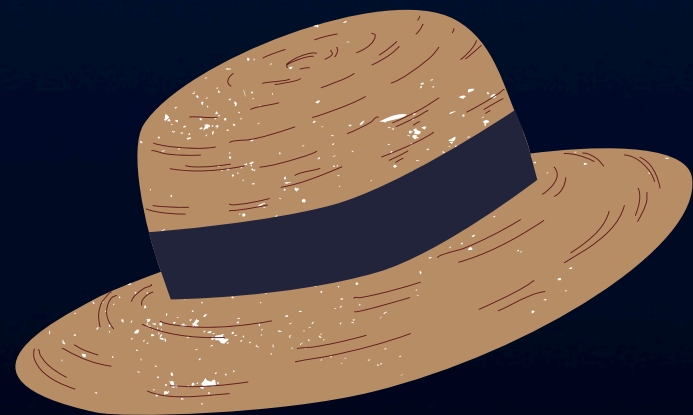
THINGS PROHIBITED IN IHRAAM:

- 5. It is prohibited to shave or clip off any hair from the body or clip the nails
- 6. It is prohibited to cause any harm to your fellow Muslims in any way or form
- 7. It is prohibited to cover the face and hands



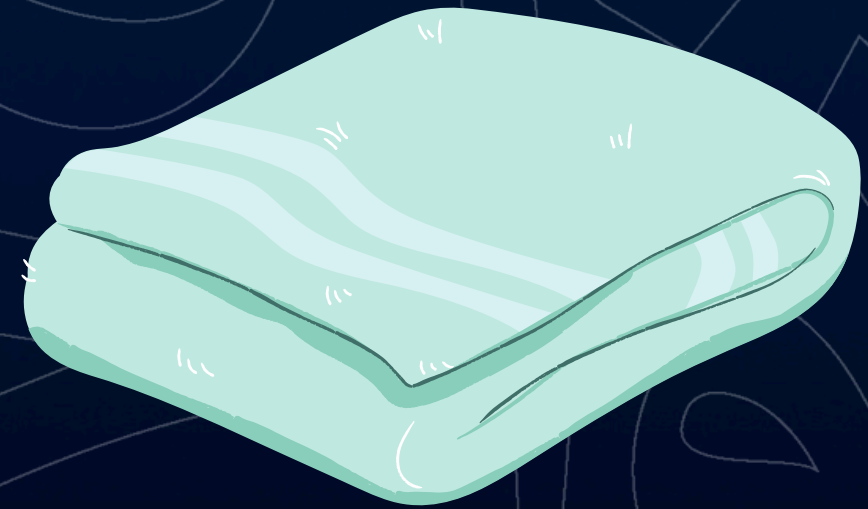
THINGS PERMISSIBLE IN IHRAAM:

1. It is permissible to use an umbrella or shadow of any object such as a car roof, as long as it does not touch the head
2. It is permissible to put on a ring, a pair of glasses, a hearing aid, a wristwatch, and a belt or girdle which protects one's money and documents.
3. It is permissible to change one's garments and to wash them as well as to wash one's hair and body without using scented soap.



THINGS PERMISSIBLE IN IHRAAM:

4. It does not matter if some hair come off by themselves during washing without you intending it.
5. It is permissible to cover the body, including the feet with a blanket, quilt, sleeping bag, etc. Do not cover the face.
6. It is permissible to use miswaak to clean the teeth.
7. There is no harm in carrying something on your head





THANK YOU

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Link Bio:



WhatsApp:

